

Are you the parent of a 5<sup>th</sup> grader?

Are you interested in less stress and more effectiveness in your relationship?

*Join us for the popular  
workshop!*

# Parenting The Love And Logic Way®

**Facilitator:** Janani Buford, Counselor



## **What is Love and Logic?**

A program dedicated to making parenting a little more fun and rewarding, instead of stressful and chaotic. The class introduces practical tools and techniques that help parents achieve respectful, healthy relationships with their children

## **Why does it Work?**

- Uses humor, hope, and empathy to build up the adult/child relationship
- Emphasizes respect and dignity for both children and adults
- Teaches the use of consequences

**When:** 8:00am – 9:30am for 6 sessions: Oct. 6, 12, 18, 23, 27 and Nov. 1.  
*(We ask that you attend all sessions if possible)*

**Where:** CCDS Middle School  
*Room 310 on Oct. 6, 18 and 27, Room 323 on Oct. 12, 23 and Nov. 1*

**Register/Information:** Space Limited! Contact Jennifer Hulighan  
[jennifer.hulighan@charlottecountryday.org](mailto:jennifer.hulighan@charlottecountryday.org)

*\*We open this program to 5<sup>th</sup> grade parents first. If spots are still available after Wednesday, 9/27, any middle school parent may sign up.*